

# **FORCE Parent Notes**

August 28, 2020

Gulfton parents-

We are so excited to welcome you to the Force Family for to the 20-21 school year! We know you may have a lot of questions and concerns as this year is very different than any other, but we want to assure you that our priority first and foremost is student safety. We will use our Parent Notes to update you with any important information that is to come as we all navigate this new virtual environment.

We are so honored that you have chosen and continue to choose us as the school for your child(ren) and we promise to provide the high-quality education they deserve.

Be safe, be well, and we hope to see you soon!

Best, Ms. Are

Ms. Arenas

### Academic Calendar & Schedule

FORCE families please make sure your student logs into their classes on time. We understand that there have been some technical difficulties at times, and we appreciate your patience as we try to navigate through this new way of learning in a virtual setting. If you would also like to plan ahead and mark your calendars on the days your student(s) do not have school you can find the Academic Calendar <u>here</u>.

	Monday	Tuesday	Wednesday	Thursday	Friday		
	B-Day	A-Day	B-Day	A-Day	B-Day		
8:30-9:25	1 <sup>st</sup> Period						
9:25-10:10							
10:15-11:00	2 <sup>nd</sup> Period						
11:00-11:45	2 Period						
11:50-12:40	Lunch						
12:40-1:35	3 <sup>rd</sup> Period						
1:25-2:10							
2:15-3:00	4 <sup>th</sup> Period						
3:00-3:45							

## Front Office Working Hours

Just a friendly reminder that our front office hours are from 8:30AM to 3:45PM. You can call us at 713-967-9800 or email us at <u>GTFO1@yesprep.org</u>. We have been made aware that at times the calls do no go through due to a high volume of calls trying to come through at the exact time.

#### MARK YOUR CALENDARS!

Will be offering FREE virtual(online) clubs for 6th-12th grade students through TEAMS, Monday – Friday 3:45pm-6:45pm.



Aug 28- Sept 1: Students will be able to Sign-up via TEAMS (Parents will be contacted once students sign up for clubs to receive parent permission)

Sept 8: ACE Clubs Begin

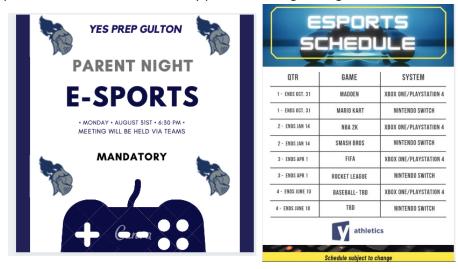
For more information about ACE please contact Mrs. Perez (ACE Coordinator) at (832) 929-7538 or daisy.perez@yesprep.org

#### Reminders & Resources

ACE

#### **Athletics**

We want to welcome you all to the 20-21 school year. In reaction to COVID-19, we will implement Athletics in a totally different way. One way that we will implement Athletics is through E-sports. E-sports is competitive gaming governed by a league (Yes Prep Athletics). A survey has been sent out to all the students in their grade level channels where students can sign up. There will also be a mandatory parent meeting on August 31st.



There is a mandatory survey that needs to be filled out as soon as possible! Please click the link to complete the survey. <u>Fill | Esports Mandatory Survey</u> - This mandatory survey is created to gauge interest in participating in the Esports Program at YP. In order to participate in the Esports program, you and parent/guardian must attend the mandatory meeting on **August 31, 2020 @6:30pm**. For any further questions, reach out to your athletic director.forms.office.com

Tuesday	Wednesday	Thursday	Friday	Saturday
	Strength + Cond	itioning - 4:00-4:	55	)) – 192 - 192
Orange Theory	Strength + Conditioning	Stretching + Mindfulness	Footwork, Speed Agility	Endurance (Asynchronous)
	Sport Skill	s - 5:00-5:55		-
Volleyball	Basketball	Soccer	Football	Meets/ Competitions (Asynchronous)
	E-5	ports		
		d games		
L	eadership + Char	racter Developm	ent	
opportunity from	m a Character De	velopment Curri	culum (not yet sele	rcted)
	Orange Theory Volleyball Im E*Sports Curr me competitions rt results to AD	Strength + Cend   Orange Theory Strength +   Conditioning Spert Skill   Volleyball Basketball   Basketball E53   am E*Sports Curriculum E54   me competitions on Sport-focuse Leadership + Chail	Strength + Conditioning - 6:00-4;   Orange Theory Strength +   Conditioning Mindfulness   Sport Skills - 5:00-55; Sport Skills - 5:00-55;   Volleyball Basketball Soccer   ESports ESports   mt ESports Curriculum ESports   mt competitions on Sport-focused games results to AD   Leadership + Character Developm Edership + Character Developm	Strength + Conditioning - 4:00-4:55   Orange Theory Strength + StretChing = Controlling - Controlling - Mindfulness Speed Agility   Spoot Skills - 500-5:35 Speed Agility Speed Agility   Volleyball Basketball Soccer Football   ESports ESports Esports   mt E*Sports Curriculum mt e-competitions on \$port-focused games Speed Agility

There will also be workouts immediately following school. The type of workout will vary daily including sports specific workouts to follow. Below you can see an example of how a week would look.

I look forward to seeing your students participate in athletics. Thanks,

**Coach Harvey**